

Four Marks VE75 Virtual Running Event 2020

This year, instead of the usual 5k and 10k races, the community were invited to participate in a virtual event and through generous donations and entry fees, a total of £246 was raised for our chosen charity, Help for Heroes. Please see below, an extract of the letter that the Parish Council received from the Charity.

Thousands of Servicemen and women are living with injuries and illnesses – both physical and mental – each and every day. Together with their loved ones, they continue to need our help to cope with the challenges they face. Your support means they won't have to battle alone.

On their behalf, please let me thank you so much for your donation of £246.00 raised to mark the 75th anniversary of VE Day. This will help to ensure that every single Hero – serving and Veteran – gets support that's designed especially for them and their recovery.

Long-term recovery is more than repairing damaged bodies and minds; it's about rebuilding lives. Our mission is to deliver an enduring network of support to help our Heroes with their challenges and to go on to live active, independent and fulfilling lives. This is at the heart of everything we do.